



The Book of Psalms: Chapters 36-41

A Journey Through Worship, Emotion and God's Faithfulness

WHAT IS THE BOOK OF PSALM?

- Israel's worship and prayer book
- Expresses the full range of human emotion
- Most quoted OT book in the NT
- Key Thought: Worship begins with the heart.

WORSHIP BEGINS
WITH THE HEART!!

WHY THE PSALMS WERE WRITTEN

- To record Israel's prayers and praises
- To teach honest expression before God
- To remind us of God's faithfulness and sovereignty



THE PURPOSE OF THE PSALMS

**To guide devotion and
reflection**

**To teach trust in God
in every circumstance**

**“WORSHIP IS NOT
PERFORMANCE...
IT IS POSTURE.”**

– Author Unknown



THE AUTHORS OF THE PSALMS

Multi-Generational Worship

- **DAVID**
- **ASAPH**
- **SONS OF KORAH**
- **SOLOMON**
- **MOSES**
- **HEMAN**
- **ETHAN**
- **ANONYMOUS WRITERS**

AUTHORS TABLE

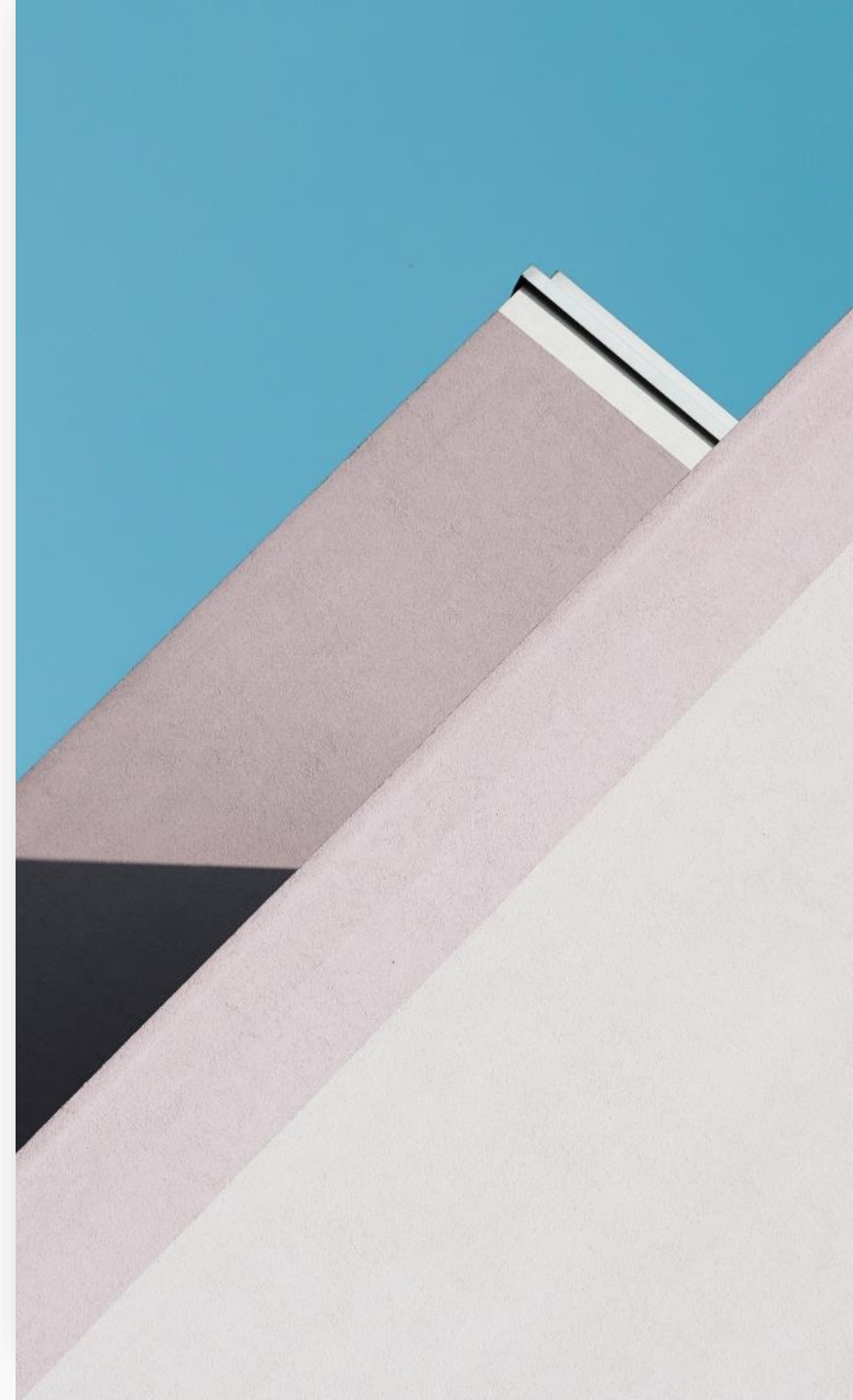
David	~73	Shepherd, king, musician
Asaph	12	Temple worship leader
Sons of Korah	10	Levitical worship leaders
Solomon	2	Psalms 72, 127
Moses	1	Oldest psalm (Psalm 90)
Heman	1	Psalms 88
Ethan	1	Psalms 89
Anonymous	~50	Unknown

“WORSHIP BELONGS TO
EVERY SEASON AND EVERY
VOICE.”

– Author Unknown

WHERE THE PSALMS WERE WRITTEN

1. Jerusalem
 - temple worship
2. Wilderness
 - Fleeing
 - Wandering
3. Babylon
 - exile
 - longing
4. Temple courts
 - corporate worship



GOD

Meets us in the palace, the wilderness and in exile.

THE ORIGINAL AUDIENCE

WRITTEN FOR:	USED IN:
ISRAEL	TEMPLE WORSHIP
PRIESTS, KINGS & WORSHIP LEADERS	FESTIVALS
THE ENTIRE NATION	PERSONAL DEVOTION
	NATIONAL CRISES

TODAY'S AUDIENCE

THE PSALMS SPEAK TO:

The global Church

Individuals seeking comfort

Worship leaders and musicians

Anyone learning authentic prayer

A 1,000-Year Journey (1400–400 BC)

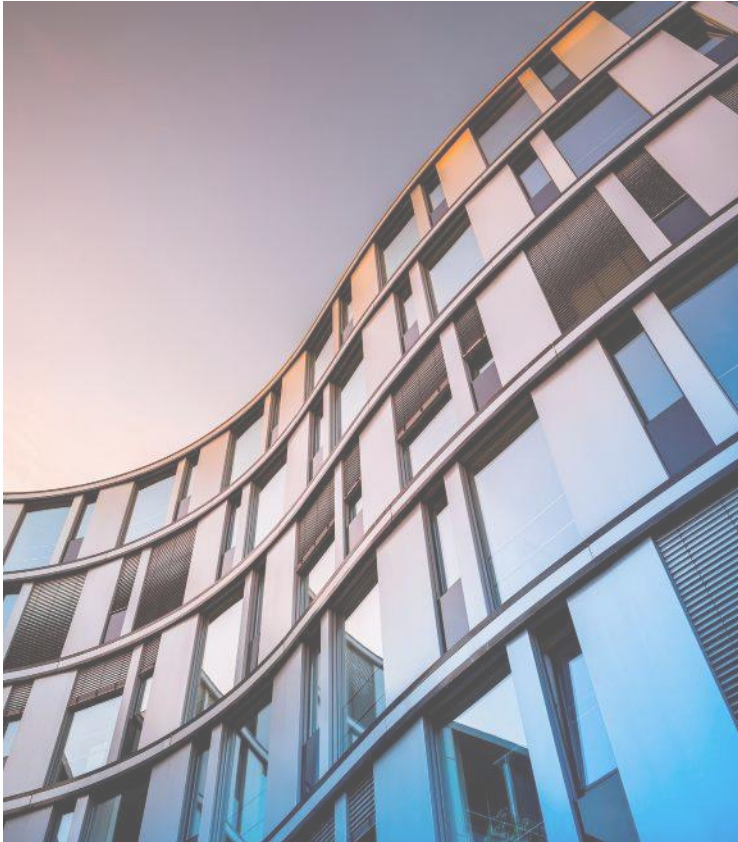
- War and peace
- Triumph and tragedy
- Personal struggles
- Corporate worship
- Exile and return

PSALMS

**“THE PSALMS ARE TIMELESS
BECAUSE THEY COME FROM
REAL LIFE EXPERIENCES.”**

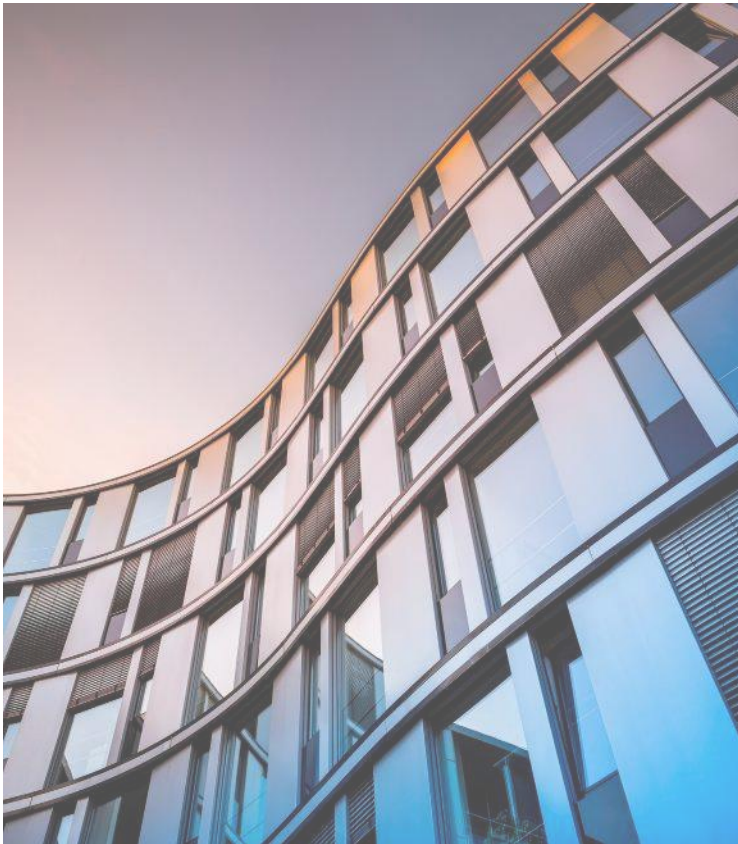
– Pastor Terri Webster

KEY THEMES IN THE BOOK OF PSALMS



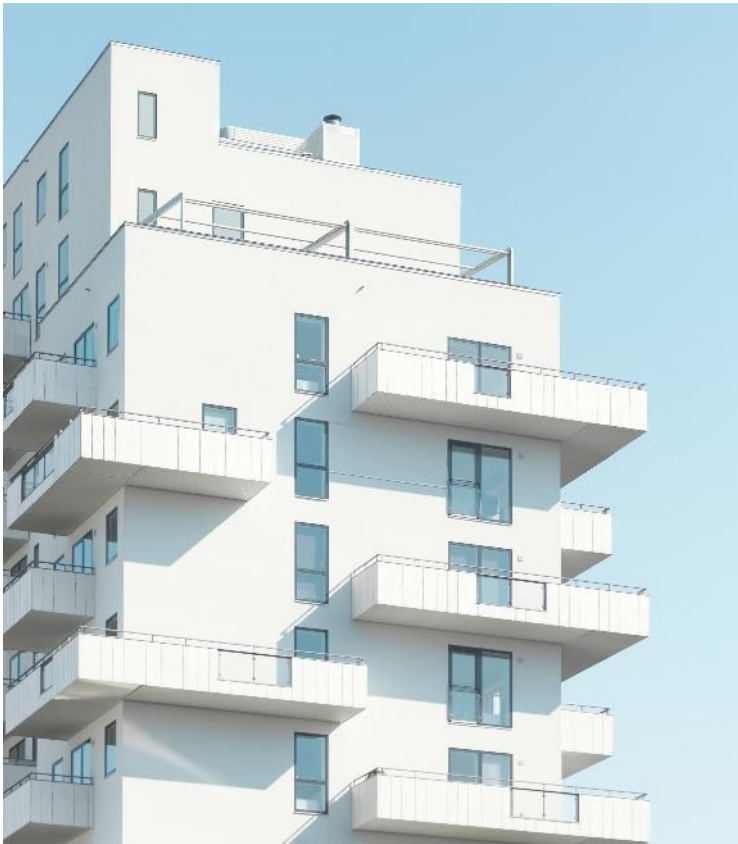
- Worship
- God's kingship
- Human emotion
- Faithfulness
- Repentance
- Messianic prophecy
- Thanksgiving & praise

THE PSALMS TEACH US TO:



- Pray when words fail
- Be honest with God
- Anchor ourselves in His character
- Shape our worship
- See Jesus, the ultimate King and Shepherd

THE FIVE BOOKS OF PSALMS

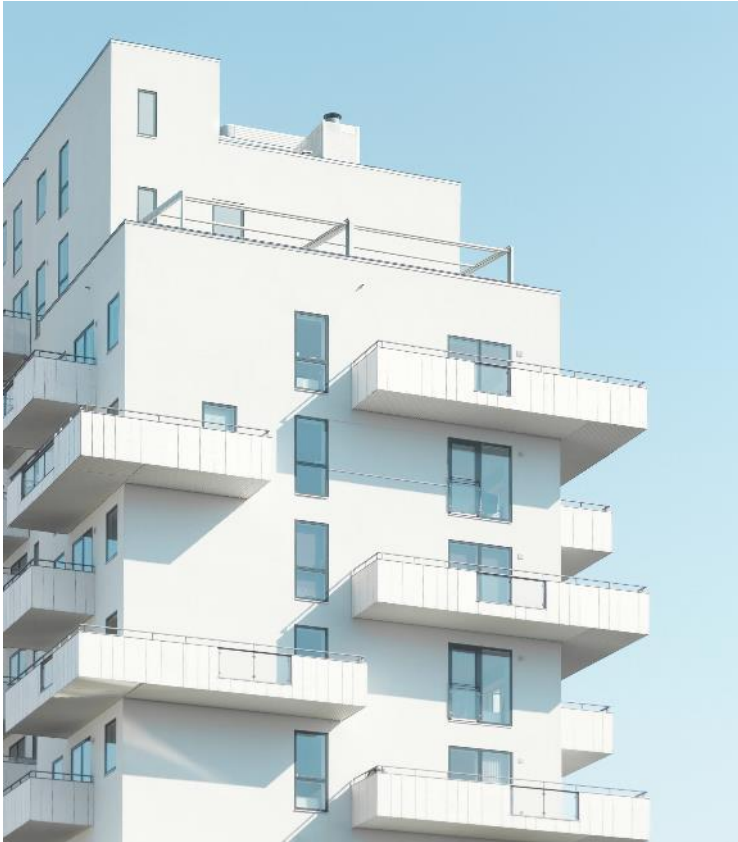


Mirroring the Pentateuch:

- Book 1 — Psalms 1–41
- Book 2 — Psalms 42–72
- Book 3 — Psalms 73–89
- Book 4 — Psalms 90–106
- Book 5 — Psalms 107–150

BOOK 1

(Psalms 1–41)



Focus: God's closeness

Themes: Trust, protection,
devotion

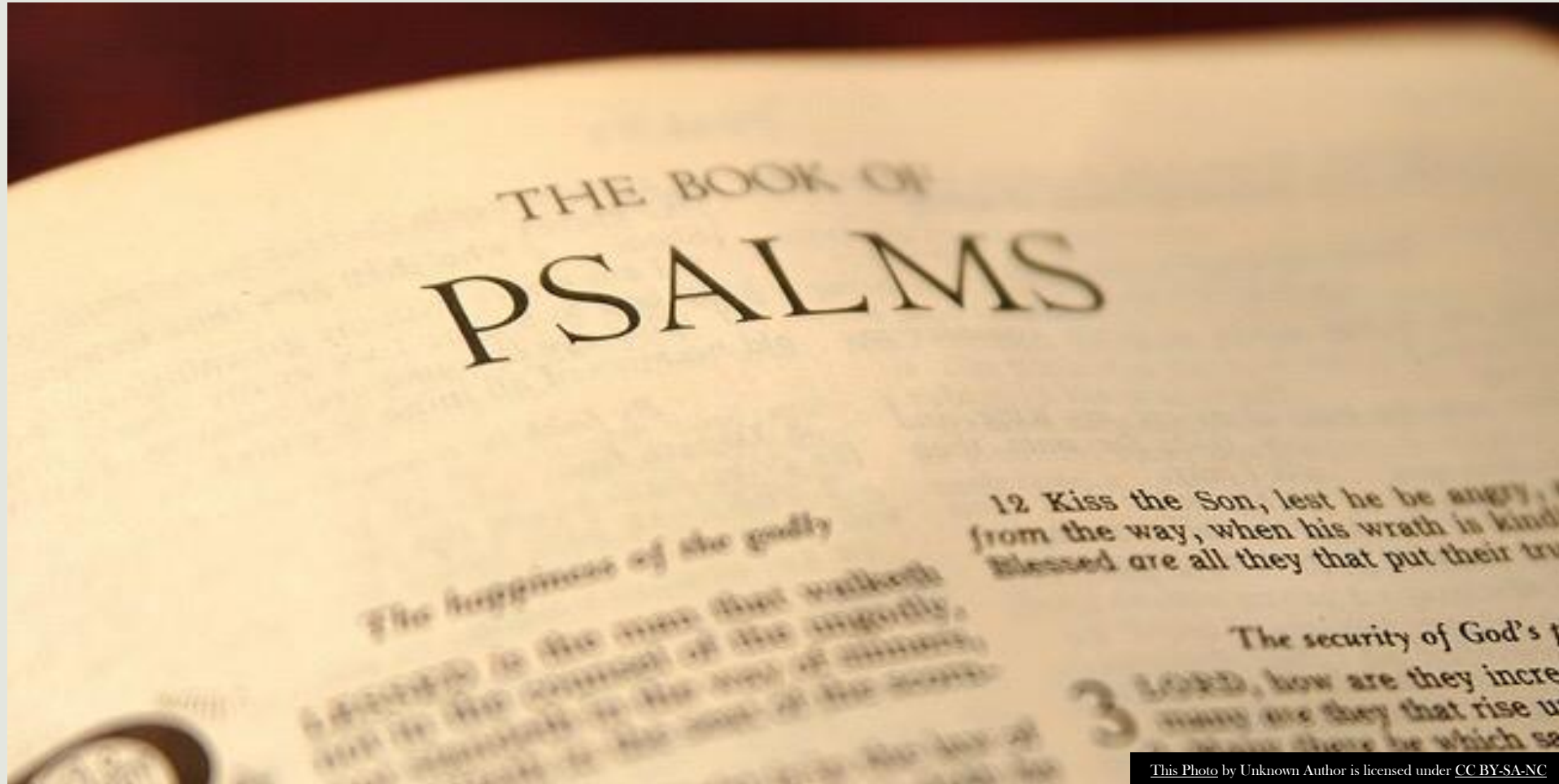
Dominant voice: David

The Psalms invite us to bring our whole selves into God's presence.

They guide us from:

- Lament → Praise
- Fear → Faith
- Brokenness → Restoration

BOOK 1 - THE CONCLUSION



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PSALM 36

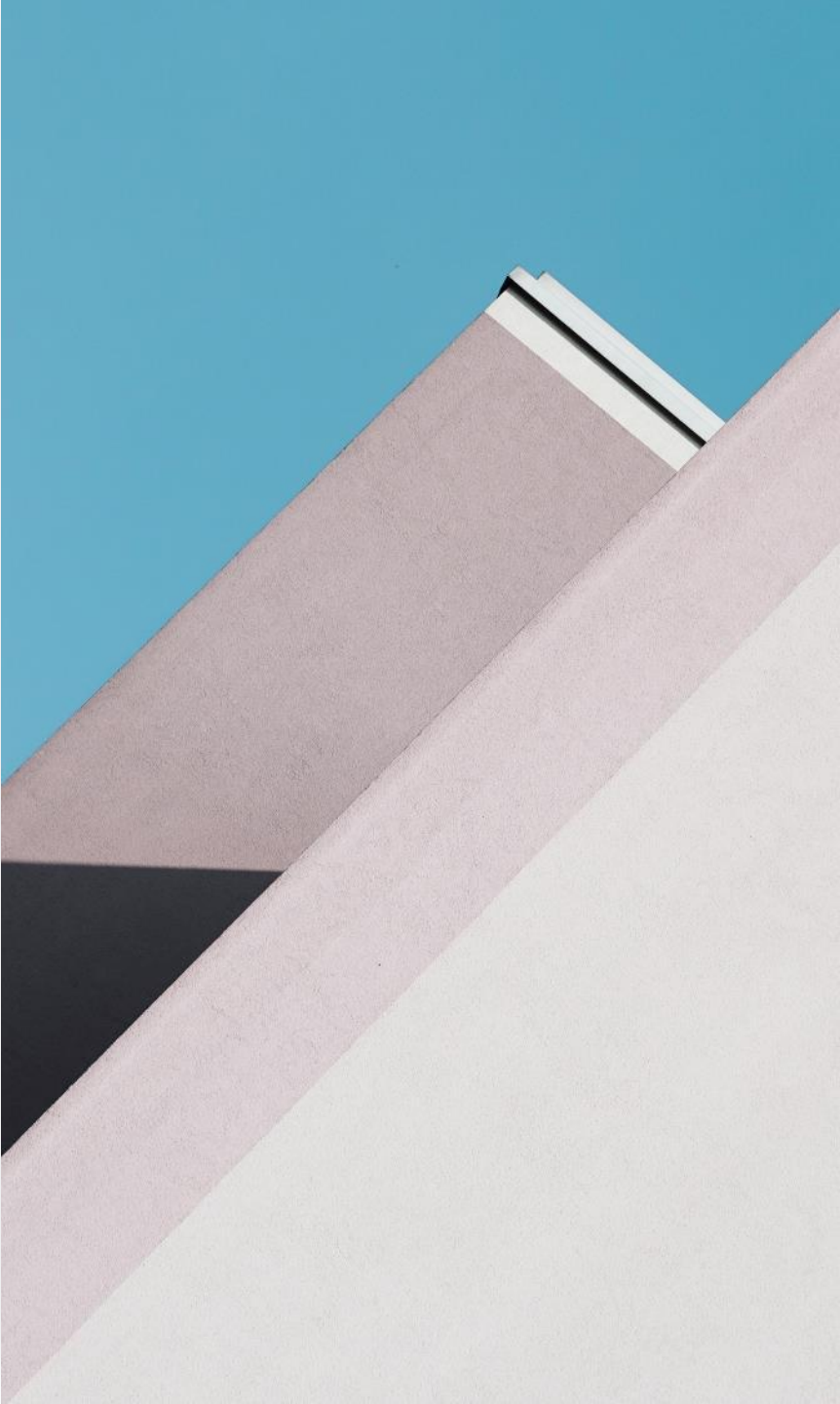
36 The transgression of the wicked saith within my heart, that there is no fear of God before his eyes.
² For he flattereth himself in his own eyes, until his iniquity be found to be hateful.
³ The words of his mouth are iniquity and deceit: he hath left off to be wise, and to do good.
⁴ He deviseth mischief upon his bed; he setteth himself in a way that is not good; he abhorreth not evil.
⁵ Thy mercy, O LORD, is in the heavens; and thy faithfulness reacheth unto the clouds.
⁶ Thy righteousness is like the great mountains; thy judgments are a great deep: O LORD, thou preservest man and beast.
⁷ How excellent is thy lovingkindness, O God! therefore the children of men put their trust under the shadow of thy wings.
⁸ They shall be abundantly satisfied with the fatness of thy house; and thou shalt make them drink of the river of thy pleasures.
⁹ For with thee is the fountain of life: in thy light shall we see light.
¹⁰ O continue thy lovingkindness unto them that know thee; and thy righteousness to the upright in heart.
¹¹ Let not the foot of pride come against me, and let not the hand of the wicked remove me.
¹² There are the workers of iniquity fallen: they are cast down, and shall not be able to rise.

KJV

Psalm 36

PSALM 36

AUTHOR:	DAVID
THEME:	GOD’S LOVE TO MANKIND INSPITE OF OUR SINFUL NATURE
POINTS	• Nothing restraints the wicked from sinning because they have no fear of God • The wicked believe they will not be punished • God is a just God and will punish those who have sinned • God is not just loving and kind... He is just as well... don’t forget this...Gal 6:7 • God always wins...the wicked think they are winning • God will take care of evil people... we do not have to fear • God cares for the living creatures as well • The “fountain of life” gives spiritual water to the spiritually thirsty



PSALM 37

37 Fret not thyself because of evildoers, neither be thou envious against the workers of iniquity.

² For they shall soon be cut down like the grass, and wither as the green herb.

³ Trust in the LORD, and do good; so shalt thou dwell in the land, and verily thou shalt be fed.

⁴ Delight thyself also in the LORD: and he shall give thee the desires of thine heart.

⁵ Commit thy way unto the LORD; trust also in him; and he shall bring it to pass.

⁶ And he shall bring forth thy righteousness as the light, and thy judgment as the noonday.

⁷ Rest in the LORD, and wait patiently for him: fret not thyself because of him who prospereth in his way, because of the man who bringeth wicked devices to pass.

⁸ Cease from anger, and forsake wrath: fret not thyself in any wise to do evil.

⁹ For evildoers shall be cut off: but those that wait upon the LORD, they shall inherit the earth.

¹⁰ For yet a little while, and the wicked shall not be: yea, thou shalt diligently consider his place, and it shall not be.

¹¹ But the meek shall inherit the earth; and shall delight themselves in the abundance of peace.

¹² The wicked plotteth against the just, and gnasheth upon him with his teeth.

¹³ The LORD shall laugh at him: for he seeth that his day is coming.

¹⁴ The wicked have drawn out the sword, and have bent their bow, to cast down the poor and needy, and to slay such as be of upright conversation.

¹⁵ Their sword shall enter into their own heart, and their bows shall be broken.

¹⁶ A little that a righteous man hath is better than the riches of many wicked.

¹⁷ For the arms of the wicked shall be broken: but the LORD upholdeth the righteous.

¹⁸ The LORD knoweth the days of the upright: and their inheritance shall be for ever.

¹⁹ They shall not be ashamed in the evil time: and in the days of famine they shall be satisfied.

²⁰ But the wicked shall perish, and the enemies of the LORD shall be as the fat of lambs: they shall consume; into smoke shall they consume away.

KJV

PSALM 37

²¹ The wicked borroweth, and payeth not again: but the righteous sheweth mercy, and giveth.
²² For such as be blessed of him shall inherit the earth; and they that be cursed of him shall be cut off.
²³ The steps of a good man are ordered by the LORD: and he delighteth in his way.
²⁴ Though he fall, he shall not be utterly cast down: for the LORD upholdeth him with his hand.
²⁵ I have been young, and now am old; yet have I not seen the righteous forsaken, nor his seed begging bread.
²⁶ He is ever merciful, and lendeth; and his seed is blessed.
²⁷ Depart from evil, and do good; and dwell for evermore.
²⁸ For the LORD loveth judgment, and forsaketh not his saints; they are preserved for ever: but the seed of the wicked shall be cut off.
²⁹ The righteous shall inherit the land, and dwell therein for ever.
³⁰ The mouth of the righteous speaketh wisdom, and his tongue talketh of judgment.

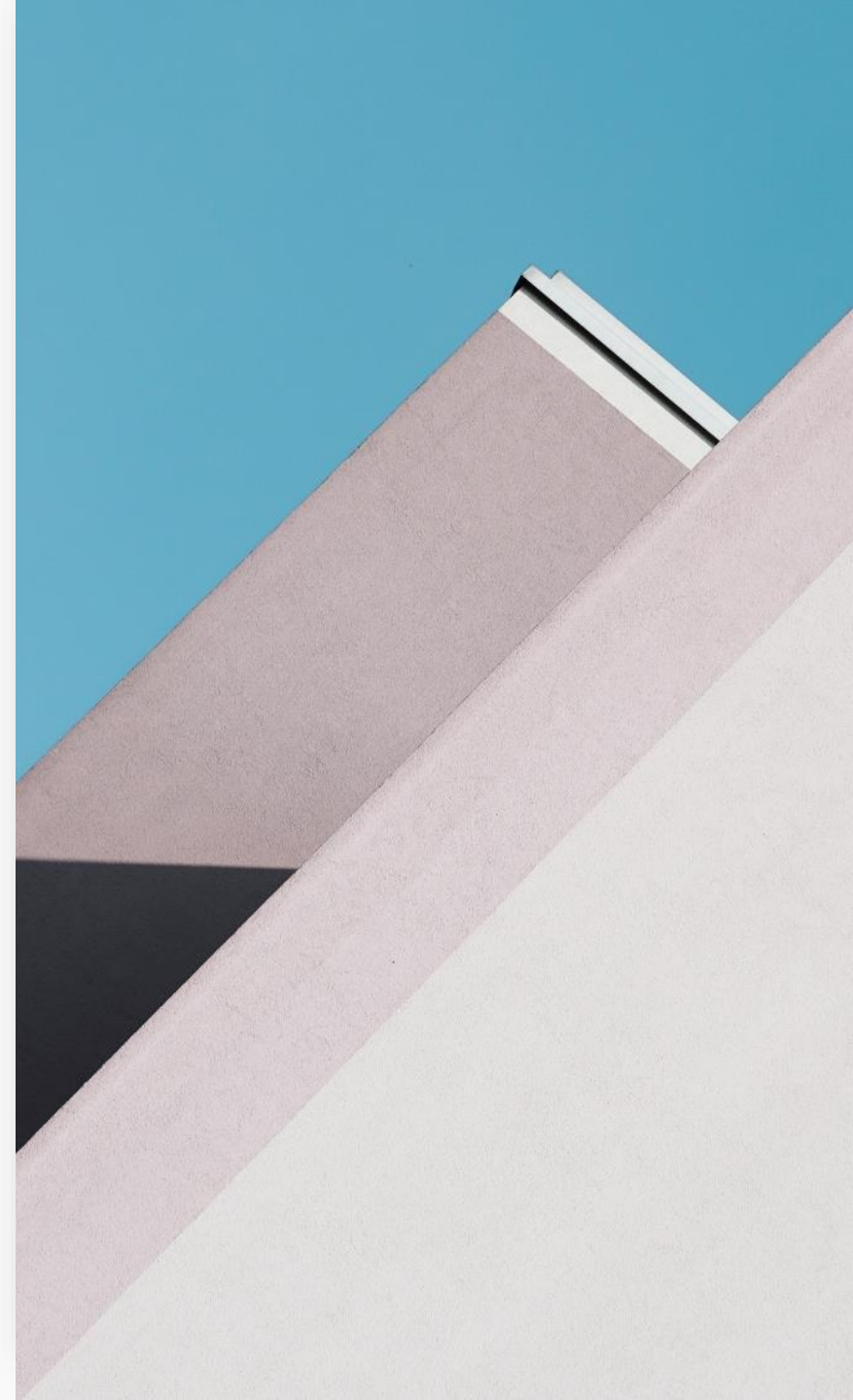
³¹ The law of his God is in his heart; none of his steps shall slide.
³² The wicked watcheth the righteous, and seeketh to slay him.
³³ The LORD will not leave him in his hand, nor condemn him when he is judged.
³⁴ Wait on the LORD, and keep his way, and he shall exalt thee to inherit the land: when the wicked are cut off, thou shalt see it.
³⁵ I have seen the wicked in great power, and spreading himself like a green bay tree.
³⁶ Yet he passed away, and, lo, he was not: yea, I sought him, but he could not be found.
³⁷ Mark the perfect man, and behold the upright: for the end of that man is peace.
³⁸ But the transgressors shall be destroyed together: the end of the wicked shall be cut off.
³⁹ But the salvation of the righteous is of the LORD: he is their strength in the time of trouble.
⁴⁰ And the LORD shall help them, and deliver them: he shall deliver them from the wicked, and save them, because they trust in him.

KJV

PSALM 37 (CON'T)

PSALM 37

AUTHOR:	DAVID
THEME:	WICKED VS. THE RIGHTEOUS
POINTS:	• We should not envy evil people • What the unbeliever gets on earth may last a lifetime, but the righteous' benefits last forever • Delight in someone means to experience great pleasure and joy in his or her presence – you must know the person to delight in them – how well do you know God • To commit ourselves to the Lord means that we entrust everything to Him • Anger is a destructive emotion and shows our lack of faith in God's love and the fact that He is in control • When we have confidence in God, we fight differently • The way a person handles his money tells a lot about their character



PSALM 38

38 O Lord, rebuke me not in thy wrath: neither chasten me in thy hot displeasure.
² For thine arrows stick fast in me, and thy hand presseth me sore.
³ There is no soundness in my flesh because of thine anger; neither is there any rest in my bones because of my sin.
⁴ For mine iniquities are gone over mine head: as an heavy burden they are too heavy for me.
⁵ My wounds stink and are corrupt because of my foolishness.
⁶ I am troubled; I am bowed down greatly; I go mourning all the day long.
⁷ For my loins are filled with a loathsome disease: and there is no soundness in my flesh.
⁸ I am feeble and sore broken: I have roared by reason of the disquietness of my heart.
⁹ Lord, all my desire is before thee; and my groaning is not hid from thee.
¹⁰ My heart panteth, my strength faileth me: as for the light of mine eyes, it also is gone from me.
¹¹ My lovers and my friends stand aloof from my sore; and my kinsmen stand afar off.

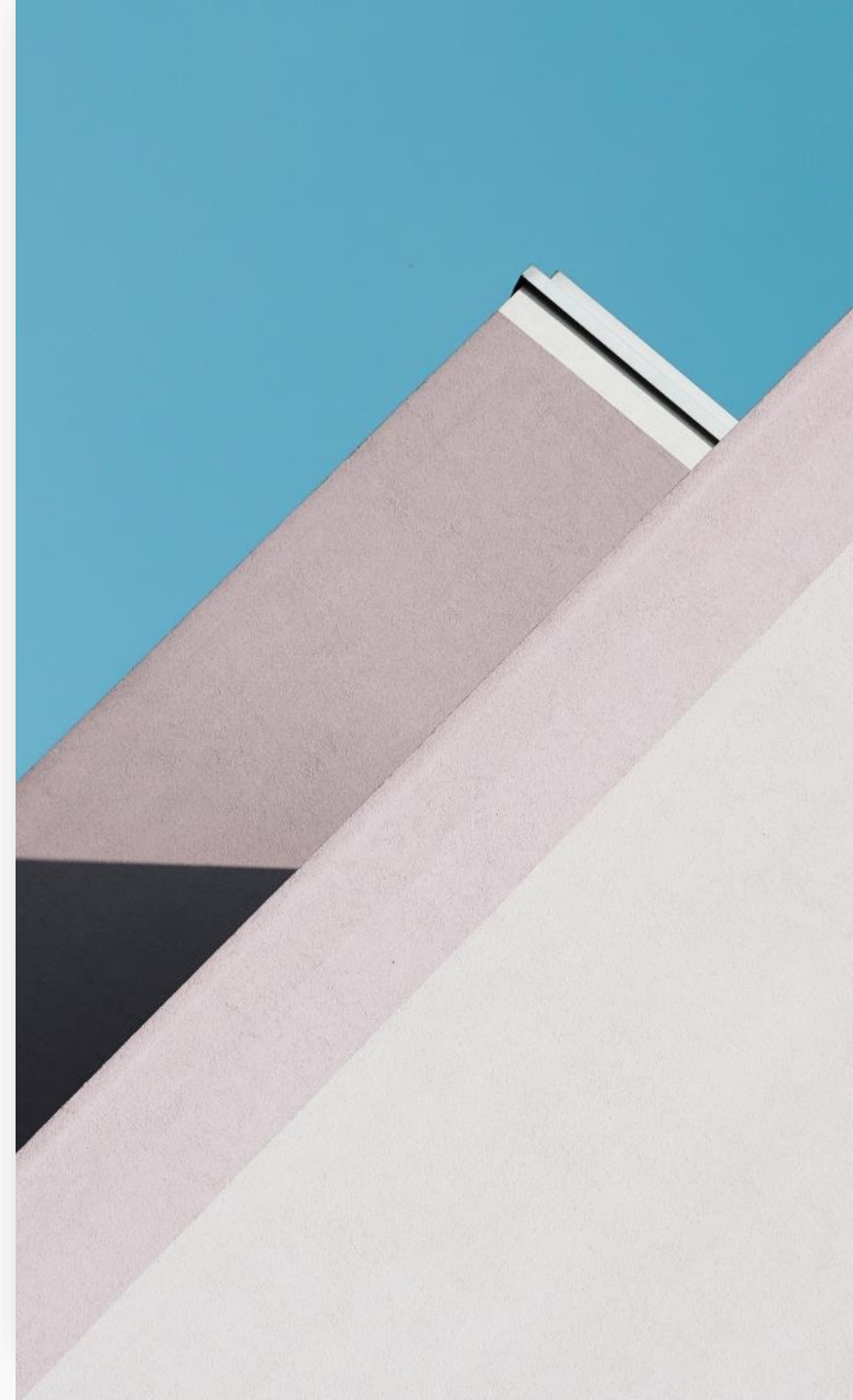
¹² They also that seek after my life lay snares for me: and they that seek my hurt speak mischievous things, and imagine deceits all the day long.
¹³ But I, as a deaf man, heard not; and I was as a dumb man that openeth not his mouth.
¹⁴ Thus I was as a man that heareth not, and in whose mouth are no reproofs.
¹⁵ For in thee, O LORD, do I hope: thou wilt hear, O Lord my God.
¹⁶ For I said, Hear me, lest otherwise they should rejoice over me: when my foot slippeth, they magnify themselves against me.
¹⁷ For I am ready to halt, and my sorrow is continually before me.
¹⁸ For I will declare mine iniquity; I will be sorry for my sin.
¹⁹ But mine enemies are lively, and they are strong: and they that hate me wrongfully are multiplied.
²⁰ They also that render evil for good are mine adversaries; because I follow the thing that good is.
²¹ Forsake me not, O LORD: O my God, be not far from me.
²² Make haste to help me, O Lord my salvation.

KJV

Psalm 38

PSALM 38

AUTHOR:	DAVID
THEME:	SORROW FOR SINNING – GOD’S HEALING
POINTS:	• In this Psalm, David expresses sorrow for sinning • Verse 1-8 show that he was sick because of them • David asked God for mercy • God will sometimes send physical consequences (Acts 12:21-23) and I Cor 11:30-32 • Sometimes silence is the best defense...God will fight for you • God will protect you and your reputation



PSALM 39

39 I said, I will take heed to my ways, that I sin not with my tongue: I will keep my mouth with a bridle, while the wicked is before me.

² I was dumb with silence, I held my peace, even from good; and my sorrow was stirred.

³ My heart was hot within me, while I was musing the fire burned: then spake I with my tongue,

⁴ LORD, make me to know mine end, and the measure of my days, what it is: that I may know how frail I am.

⁵ Behold, thou hast made my days as an handbreadth; and mine age is as nothing before thee: verily every man at his best state is altogether vanity. Selah.

⁶ Surely every man walketh in a vain shew: surely they are disquieted in vain: he heapeth up riches, and knoweth not who shall gather them.

⁷ And now, Lord, what wait I for? my hope is in thee.

⁸ Deliver me from all my transgressions: make me not the reproach of the foolish.

⁹ I was dumb, I opened not my mouth; because thou didst it.

¹⁰ Remove thy stroke away from me: I am consumed by the blow of thine hand.

¹¹ When thou with rebukes dost correct man for iniquity, thou makest his beauty to consume away like a moth: surely every man is vanity. Selah.

¹² Hear my prayer, O LORD, and give ear unto my cry; hold not thy peace at my tears: for I am a stranger with thee, and a sojourner, as all my fathers were.

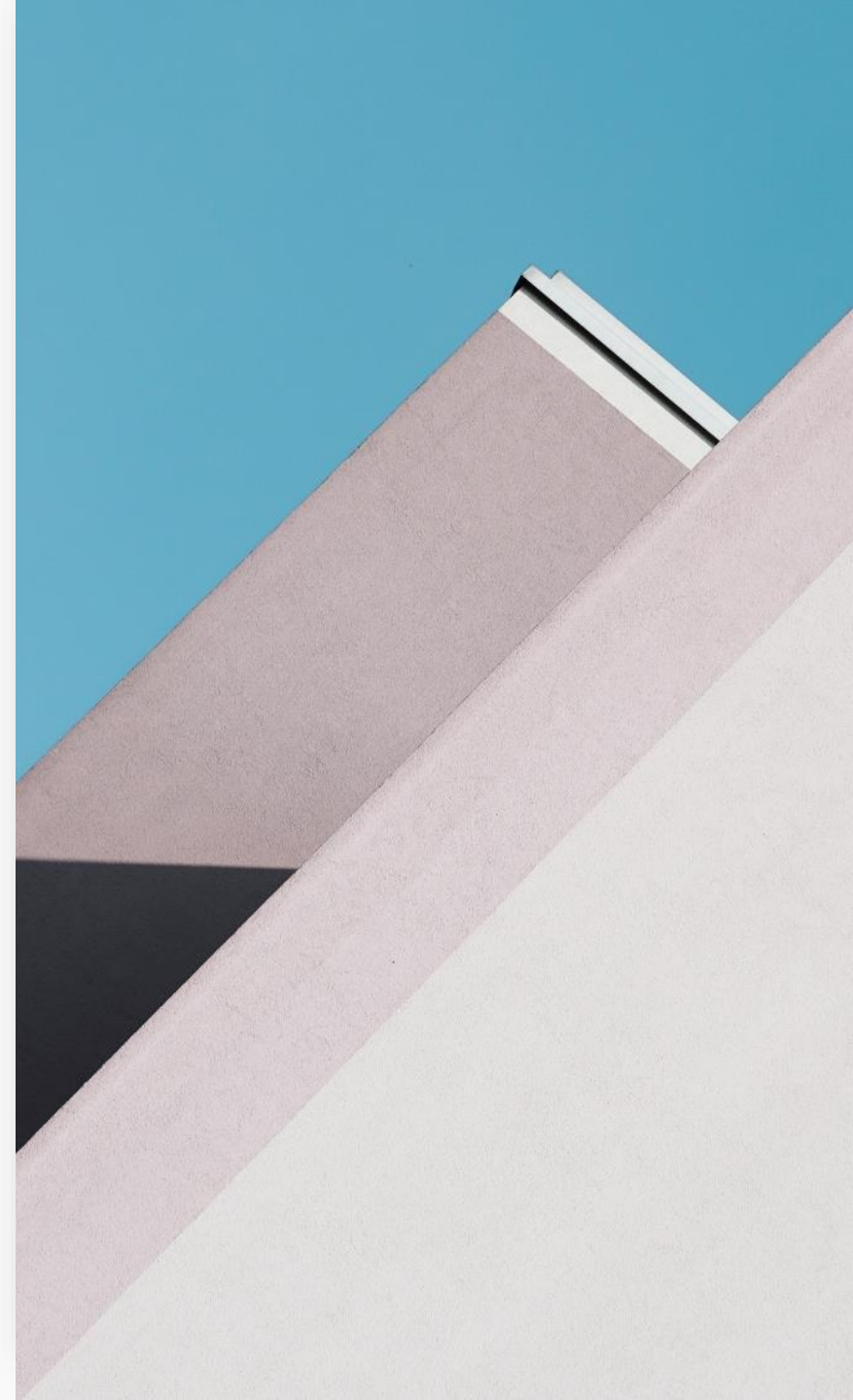
¹³ O spare me, that I may recover strength, before I go hence, and be no more.

KJV

Psalm 39

PSALM 39

AUTHOR:	DAVID
THEME:	APART FROM GOD... LIFE IS NOTHING
POINTS:	• David vowed to keep his tongue from sin • He vowed to take his complaints to God • Life is short do what you need to today don't put it off • Do what's important • Don't spend all your time working on worldly things and neglect the spiritual • Only what you do for Christ will last • David asks God to not continue to strike him with the back of His hand • Don't let your life's circumstances... negatively affect your eternal destiny



PSALM 40

40 I waited patiently for the LORD; and he inclined unto me, and heard my cry.
2 He brought me up also out of an horrible pit, out of the miry clay, and set my feet upon a rock, and established my goings.
3 And he hath put a new song in my mouth, even praise unto our God: many shall see it, and fear, and shall trust in the LORD.
4 Blessed is that man that maketh the LORD his trust, and respecteth not the proud, nor such as turn aside to lies.
5 Many, O LORD my God, are thy wonderful works which thou hast done, and thy thoughts which are to us-ward: they cannot be reckoned up in order unto thee: if I would declare and speak of them, they are more than can be numbered.
6 Sacrifice and offering thou didst not desire; mine ears hast thou opened: burnt offering and sin offering hast thou not required.
7 Then said I, Lo, I come: in the volume of the book it is written of me,
8 I delight to do thy will, O my God: yea, thy law is within my heart.
9 I have preached righteousness in the great congregation: lo, I have not refrained my lips, O LORD, thou knowest.

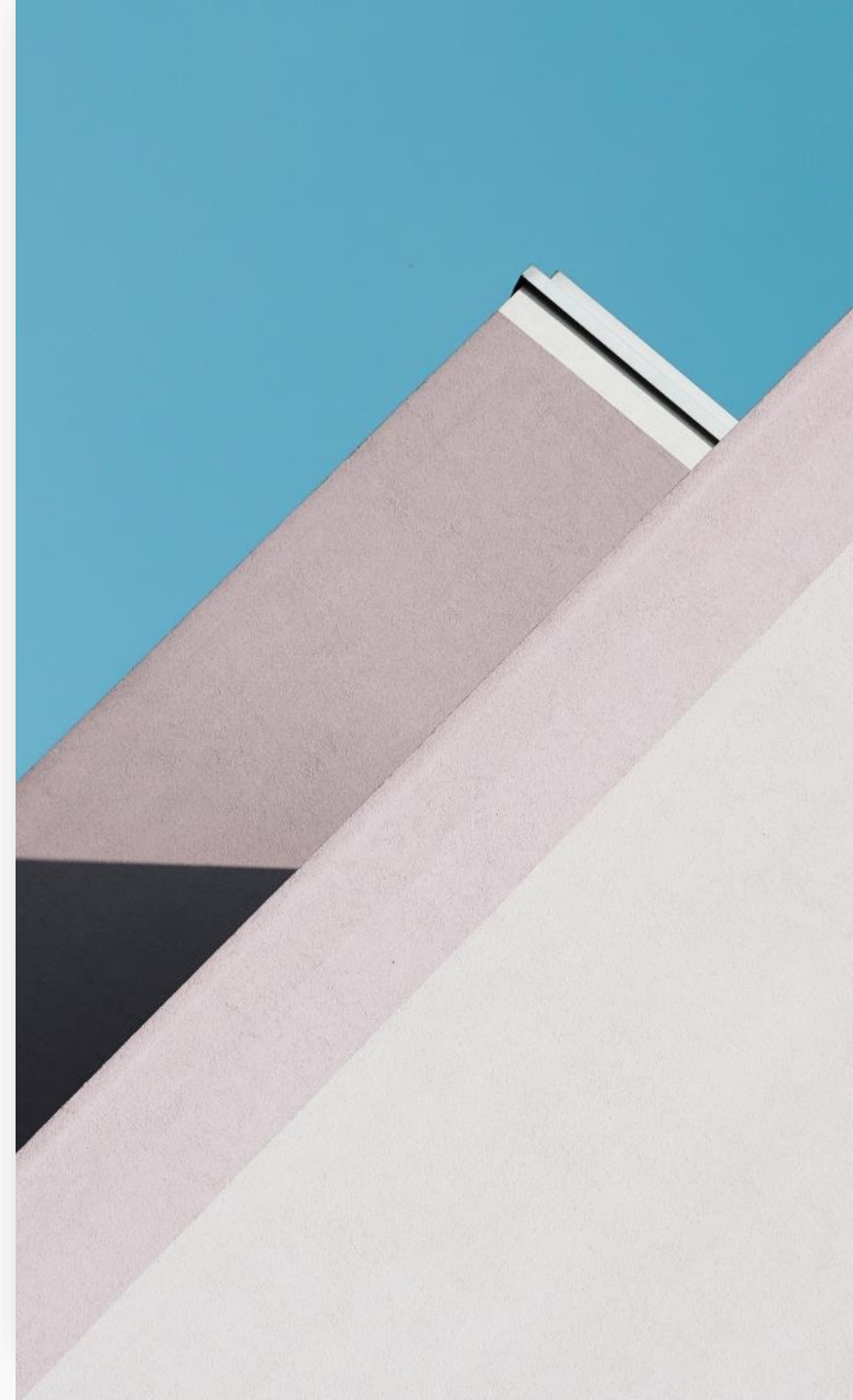
10 I have not hid thy righteousness within my heart; I have declared thy faithfulness and thy salvation: I have not concealed thy lovingkindness and thy truth from the great congregation.
11 Withhold not thou thy tender mercies from me, O LORD: let thy lovingkindness and thy truth continually preserve me.
12 For innumerable evils have compassed me about: mine iniquities have taken hold upon me, so that I am not able to look up; they are more than the hairs of mine head: therefore my heart faileth me.
13 Be pleased, O LORD, to deliver me: O LORD, make haste to help me.
14 Let them be ashamed and confounded together that seek after my soul to destroy it; let them be driven backward and put to shame that wish me evil.
15 Let them be desolate for a reward of their shame that say unto me, Aha, aha.
16 Let all those that seek thee rejoice and be glad in thee: let such as love thy salvation say continually, The LORD be magnified.
17 But I am poor and needy; yet the Lord thinketh upon me: thou art my help and my deliverer; make no tarrying, O my God.

KJV

PSALM 40

PSALM 40

AUTHOR:	DAVID
THEME:	HOW TO WAIT WHILE DOING GOD'S WILL
POINTS:	• Blessings are sometimes contingent on us going through a trial – example: Jesus • Sacrifices and offering is meaningless unless they are done to the glory of God • God is not impressed with rituals • Obedience is better than sacrifice – I Sam 15:22 • WHAT PLACE DOES GOD HAVE IN YOUR HEART? • Share the God News not just your good news • Who or what comes to your mind when you think about the word “faithful”? • What does it mean to be faithful? • God remains faithful even when we don't do what He tells us to • God always thinks about us...What can we do to always think about Him?



PSALM 41

41 Blessed is he that considereth the poor: the LORD will deliver him in time of trouble.

² The LORD will preserve him, and keep him alive; and he shall be blessed upon the earth: and thou wilt not deliver him unto the will of his enemies.

³ The LORD will strengthen him upon the bed of languishing: thou wilt make all his bed in his sickness.

⁴ I said, LORD, be merciful unto me: heal my soul; for I have sinned against thee.

⁵ Mine enemies speak evil of me, When shall he die, and his name perish?

⁶ And if he come to see me, he speaketh vanity: his heart gathereth iniquity to itself; when he goeth abroad, he telleth it.

⁷ All that hate me whisper together against me: against me do they devise my hurt.

⁸ An evil disease, say they, cleaveth fast unto him: and now that he lieth he shall rise up no more.

⁹ Yea, mine own familiar friend, in whom I trusted, which did eat of my bread, hath lifted up his heel against me.

¹⁰ But thou, O LORD, be merciful unto me, and raise me up, that I may requite them.

¹¹ By this I know that thou favourest me, because mine enemy doth not triumph over me.

¹² And as for me, thou upholdest me in mine integrity, and settest me before thy face for ever.

¹³ Blessed be the LORD God of Israel from everlasting, and to everlasting. Amen, and Amen.

KJV

PSALM 41

What else?

*Is there anything you
want to talk about?*

Psalms Reading Plan

— 5 Psalms per Week —

Begins: March 20, 2026

Weeks 1–10

Week	Dates	Psalms
1	Mar 20–26	Psalms 1–5
2	Mar 27–Apr 2	Psalms 6–10
3	Apr 3–9	Psalms 11–15
4	Apr 10–16	Psalms 16–20
5	Apr 17–23	Psalms 21–25
6	Apr 24–30	Psalms 26–30
7	May 1–7	Psalms 31–35
8	May 8–14	Psalms 36–40
9	May 15–21	Psalms 36–40
10	May 22–28	Psalms 46–50

Weeks 11–20

Week	Dates	Psalms
11	May 29–Jun 4	Psalms 51–55
12	Jun 5–11	Psalms 56–60
13	Jun 12–18	Psalms 61–65
14	Jun 19–25	Psalms 66–70
15	Jun 26–Jul 2	Psalms 71–75
16	Jul 3–9	Psalms 76–80
17	Jul 10–16	Psalms 81–85
18	Jul 17–23	Psalms 86–90
19	Jul 24–30	Psalms 91–95
20	Jul 31–Aug 6	Psalms 96–100

Weeks 21–30

Week	Dates	Psalms
21	Aug 7–13	Psalms 101–105
22	Aug 14–20	Psalms 106–110
23	Aug 21–27	Psalms 111–115
24	Aug 28–Sep 3	Psalms 116–120
25	Sep 4–10	Psalms 121–125
26	Sep 11–17	Psalms 126–130
27	Sep 18–24	Psalms 131–135
28	Sep 25–Oct 1	Psalms 136–140
29	Oct 2–8	Psalms 141–145
30	Oct 9–15	Psalms 146–150

30 Weeks • 150 Psalms • 5 Per Week



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Read the Bible in a Year Initiative
One Word. One Church. One Year.